



# MENTAL HEALTH

# MYTHBUSTERS

**CFISD Mental Health Intervention Team**

**Your child's mental health is vitally important to us. Come meet the new Mental Health Intervention Team as we interactively demystify issues surrounding mental health vs mental illness and discuss strategies for staying mentally healthy.**

**Join us & learn  
how to support  
your child's  
mental health**



**Wednesday,  
February 6<sup>th</sup>  
6:00 – 7:30  
Berry Center  
Theater**

**8877 Barker Cypress Rd.  
Cypress, TX 77433**

**Don't miss this!**

**PRESENTED BY THE  
DEPARTMENTS OF  
GUIDANCE AND COUNSELING  
AND PSYCHOLOGICAL  
SERVICES**